



**SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES**  
(A State University of Govt. of Assam)

**2 Weeks FOUNDATION COURSE FOR THE MBBS BATCH 2024-25**

Date & Day	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM
Day-1 (16-10-2024)		Flag Hosting (University and College Flag)	<ol style="list-style-type: none"> <li>Orientation and oath taking program</li> <li>FC 1A Welcome and introduction by the Principal, Vice Principal, Superintendent, staff president &amp; HODs</li> <li>Vision / Mission of the Institution</li> <li>FC 1A-1.5 Introduction to Faculty/Mentors</li> <li>FC 1.4 Understanding of the rules and regulations of the institution.</li> <li>Hostel stay and Anti-ragging Policy (PROF BARNALI B THAKUR) (DR KAHUA DAS THAKURIA)</li> </ol>		Lunch	PARENTS TEACHERS MEET	FC 1A-1.5 Department visits to Anatomy, Physiology, Biochemistry, Community Medicine <b>DR ALAKESH GOGOI</b> <b>DR KALPOJIT SAIKIA</b> <b>DR SNEHANKA R KALITA</b> <b>DR NIBIR NATH SARMA</b>	FC 1A-1.5 Department visits to Phase 2 and 3 dept, walk through college and hospital including all departments, lecture hall, common room, administrative block, library, auditorium etc. <b>DR SUBARNA DEVI</b> <b>DR RAKTUTPAL DR MANDEEP S BASISTHA</b> <b>DR KAUSTAV R KALITA</b> <b>DR PARAG DAS</b> <b>DR PALLABI DR RAJDEEP DAS</b>
Day-2 (18-10-2024)	FC 1A-1.2 Roles of an Indian Medical Graduate <b>DR KAHUA DAS THAKURIA</b>		FC 1.1 Demonstrate understanding of the role of doctors in the society and their impact <b>DR MOUSUMI KRISHNATREYA</b>		Lunch	FC 1.7 Understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways <b>DR URMI CHOUDHURY</b>	Sports/Extracurricular Activities <b>DR HIYESWAR BORA</b> <b>DR MADHURJYA BARUAH</b> <b>DR SNEHANKAR KALITA</b> <b>DR KALPAJIT SAIKIA</b> <b>DR ALAKESH GOGOI</b>	



**SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES**  
**(A State University of Govt. of Assam)**

Day-3 (19-10-2024)	<b>FC 4.8</b> Understand the role of Yoga and meditation in personal health <b>MR SANKAR DEBNATH</b> Dept. of Physiology	<b>FC 1.6</b> Discuss the various career pathways and opportunities for personal growth <b>DR UDDIP</b> <b>TALUKDAR</b>	<b>FC 2.6</b> Demonstrate appropriate response to needlestick Injuries <b>DEPT OF MICROBIOLOGY</b>	Lunch	<b>FC 4.11</b> Understand the role of mentoring <b>DR BARNALI B</b> <b>THAKUR</b>
					<b>Sports/Extracurricular Activities</b> <b>DR HIYESWAR</b> <b>BORA</b> <b>DR</b> <b>MADHURJYA</b> <b>BARUAH</b> <b>DR</b> <b>SNEHANKAR</b> <b>KALITA</b> <b>DR KALPAJIT</b> <b>SAIKIA</b> <b>DR ALAKESH</b> <b>GOGOI</b>

**SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES**  
(A State University of Govt. of Assam)

Day-4 (21-10-2024)	Yoga MR SANKAR DEBNATH Dept. of Physiology	FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behavior <b>DEPT OF FORENSIC MEDICINE</b>	Pandemic Module 1.1 Infection control practice <b>DEPT OF MICROBIOLOGY</b>	Lunch	FC 5.2 Demonstrate use of local language in patient and peer interactions <b>Mrs Kakoli Saikia</b>	Sports <b>DR HIYESWAR BORA DR MADHURJYA BARUAH</b>
Day-5 (22-10-2024)	FC 3.1 Demonstrate understanding of the National Health Goals and Policies <b>DEPT OF COMMUNITY MEDICINE</b>	FC 4.12 Demonstrates understanding of the process of group learning and group dynamics <b>DR BABITA CHOWDHURY</b>	FC 4.13 Comprehend the learning pedagogy and its role in learning skills <b>DR RAJAT DUTTA ROY</b>	Lunch	FC 2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations <b>DEPT OF MICROBIOLOGY</b>	Extracurricular Activities <b>DR MOUSUMI KRISHNATREYA</b>



**SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES**  
(A State University of Govt. of Assam)

Date & Day	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM
Day-6 (23-10-2024)	Yoga MR SANKAR DEBNATH Dept. of Physiology	Overview of the PublicHealth FC3A-3.1 TO 3.5, 3b-3.6 Field visit to community health centre FC 3.4 Discuss the basicprinciples of community health and its impact on health and disease  FC 3.5 Demonstrate understanding ofthe structure andfunctioning of thecommunity health center  (DEPT OF <b>Community Medicine</b> )			Lunch	FC 2.5 Demonstrate proper hand washing and use of personal protective equipment  <b>DEPT OF MICROBIOLOGY</b>	FC 1.3 Discuss and appreciate the expectations of the students from the Nation, society, Institution, peers, colleagues and patients and vice versa <b>DR BIMAN DEURI</b>	
Day-7 (24-10-2024)	FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care <b>DEPT OF Community Medicine</b>	FC 2.4 Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment  <b>DEPT OF MICROBIOLOGY</b>		FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine. <b>DR ARUP CHOUDHURY</b>	Lunch	FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate waysto respond  <b>DR SASINDRA KR DAS</b>		Extracurricular Activities <b>DR MOUSUMI KRISHNATREYA</b>
Day-8 (25-10-2024)	Yoga MR SANKAR DEBNATH Dept. of Physiology	FC 2.3 Follow bio-safety and universal precautions	FC 4.3 Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients <b>DR ATANU BARUAH</b>		Lunch	FC 5.4 Demonstrate basic computer skill.Use of information technology, and artificial intelligence <b>DR UDDIP TALUKDAR</b>		Sports <b>DR HIYESWAR BORA</b> <b>DR MADHURJYA BARUAH</b> <b>DR SNEHANKAR</b>

**SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES**  
(A State University of Govt. of Assam)

		<b>DEPT OF MICROBIOLOGY</b>				<b>KALITA DR KALPAJIT SAIKIA DR ALAKESH GOGOI</b>
<b>Day-9 (26-10- 2024)</b>	<b>Yoga MR SANKAR DEBNATH Dept. of Physiology</b>	<b>FC 1.9 Discuss the principles of family practice Community Medicine</b>	<b>FC 5.1 Clinical Laboratory Communication DR GITALI DEVI</b>	<b>Lunch</b>	<b>FC 5.3 Demonstrate ability to communicate and learn in English Mr Pyar MD Raina Dept of English, ADP college</b>	<b>Extracurricular Activities DR MOUSUMI KRISHNATREYA</b>



## SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES

(A State University of Govt. of Assam)

Date & Day	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-3PM	3PM-4PM
Day-10 (28-10-2024)	Yoga MR SANKAR DEBNATH Dept. of Physiology	FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values <b>DR MIHIR KR GOSWAMI</b>	FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery <b>DR KALPANA GOGOI</b>	FC 2.8 Discuss the Immunization requirements of Health care professionals <b>DEPT OF COMMUNITY MEDICINE</b>	Lunch	FC 3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues <b>DEPT OF COMMUNITY MEDICINE</b>	Sports <b>DR HIYESWAR BORA</b> <b>DR MADHURJYA BARUAH</b> <b>DR SNEHANKAR KALITA</b> <b>DR KALPAJIT SAIKIA</b> <b>DR ALAKESH GOGOI</b>	
Day- 11 (29-10-2024)	FC 4.5.1, 4.5.2, 4.5.3 Discuss disability competencies <b>DEPT OF SURGERY AND ORTHOPEDICS</b>		FC 2.2 Perform First Aid in a simulated environment <b>DEPT OF SURGERY AND EMERGENCY MEDICINE</b>		Lunch	FC 5.5 Demonstrate ability for accessing online resources <b>DR UDDIP TALUKDAR</b>	Extracurricular Activities <b>DR MOUSUMI KRISHNATREYA</b>	
Day- 12 (30-10-2024)	Yoga MR SANKAR DEBNATH Dept. of Physiology	FC 2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation <b>DR RAJAT DUTTA ROY</b>	FC 4.7 Discuss the significance and methods of stress management and risk taking behavior. <b>DEPT OF PSYCHIATRY</b>	FC 4.9 Discuss the significance and appropriate ways of Time management <b>DR MANJUSHREE CHAKRABORTY</b>	Lunch	FC 4.14 Demonstrates understanding of different methods of self-directed learning <b>MEU</b>	Sports <b>DR HIYESWAR BORA</b> <b>DR MADHURJYA BARUAH</b> <b>DR SNEHANKAR KALITA</b>	

**SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES**  
(A State University of Govt. of Assam)

Day- 13 (01-11-2024)	FC 4.10 Demonstrate understanding of importance of interpersonal relationship while working in a health care Team <b>DR MONJURI KATAKI</b>	FC 2.1 Perform Basic Life support in Skills lab <b>DEPT OF ANAESTHESIA</b>		Lunch	FC 4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work. <b>DR DIGANTA DAS</b>		Sports <b>DR HIYESWAR BORA</b> <b>DR MADHURJYA BARUAH</b> <b>DR SNEHANKAR KALITA</b>
Day-14 (02-11-2024)	Yoga MR SANKAR DEBNATH Dept. of Physiology	FC 4.4 Discuss the significance of working in a health care team <b>DR GITIKESH PURKAYASTHA</b>	FC 4.15 Understand collaborative learning Reflective writing DR KAHUA DAS THAKURIA	Lunch	COMPUTER/ Language  <b>DR UDDIP TALUKDAR</b> <b>/ Mr Pyar MD Raina</b> <b>Dept of English, ADP college</b>	Sports/ Extracurricular Activities <b>DR HIYESWAR BORA</b> <b>DR MADHURJYA BARUAH</b> <b>DR SNEHANKAR KALITA</b>	



**SRIMANTA SANKARADEVA UNIVERSITY OF HEALTH SCIENCES**  
**(A State University of Govt. of Assam)**

<b>Foundation Course: Duration 80 hours (As per Revised CBME 2024 Dated 12.09.2024)</b>		
<b>SI No</b>	<b>Subjects/Contents</b>	<b>Teaching hours</b>
1	Orientation Module including History of Indian Medicine	15
2	Skills Module	15
3	Community orientation module	5
4	Professional Development and Ethics Module (P&E) including Mental health	20
5	Enhancement of Language and Computer Skills Module including clinico-laboratory communication	10
6	Sports and Extracurricular Activities	15
	<b>Total</b>	<b>80 hours</b>